

# NEW HORIZONS GIST

SEPTEMBER 5 – 7, 2018 – VIENNA, AUSTRIA



## Panel on Psycho-Oncology and Coping with GIST

September 6, 2018

8:30-10 AM

# Overview and Introduction

- General questions
- 2 patient “bursts”: Kai Pilgermann, Nikhil Guhagarkar
- Presentation: Elisabeth Andritsch
- Discussion

# Personal challenges and coping strategies

- Which psychological challenges did you face after your diagnosis?
- What helped you personally to cope?
- Which psychological challenges do you face today, years after your initial diagnosis?

# Providing psychological support to patients

- What are the most common psychological challenges faced by patients in your organization?
- How does your organization provide psychological support to patients?
- What are some of the difficulties patient advocates face when providing psychological support to patients?

# The role of psycho-oncology

- How could professional psycho-oncologists support the work of patient organizations?
- What do we as patient advocates need in order to do our work better?