



GIST-Track

Saturday - February 2, 2019 – 12:00

Following the different stages of GIST:
Discussing and completing a practical
checklist for patients (and doctors)...

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1st Checklist from 2009...(1)

- Necessary Update in 2019
- Interactive Session >>> Brainstorming >>> 7 – 10 min. per stage
- We are collecting all contributions/suggestions and will update the checklist after the SPAEN-Conference
- GIST-Patient Organisations are free to use the list as a suggested tool – free for translation into their national language

1st Checklist from 2009...(2)

Focus:

- What is especially important at each stage of the disease regarding diagnosis, treatment, follow up?
- Which recommendations / special tips should we / can we give to our patients?
- Scientific Evidence + Expert Evidence:
Guidelines play a role but also experiences of experts and expert patients are important...



The main stages / topics (1)

Preliminary remarks:
General tips/aids/activities

Diagnosis 1:
Submucosal GIST or
localized/primary GIST < 2cm
(no metastases)

Diagnosis 2:
Localized/primary GIST,
operable
(no metastases)

Diagnosis 3:
Localized/primary GIST - initially not
or extremely difficult to operate
(no metastases)



The main stages / topics (2)

Diagnosis 4:

Inoperable and/or metastatic GIST
(also case of recurrence)

Diagnosis 5:

Progressive disease - local or systemic
(metastases)

Diagnosis 6:

Further progressive disease – after
registered (standard) therapies with imatinib
and sunitinib



The main stages / topics (3) - Specials

Special-diagnosis G:

Living after total gastrectomy

Special-diagnosis P:

Paediatric, Adolescent, Wild-type &
Syndromic GIST (PAWS-GIST)